

## August Conference Call

*Alberto:* Welcome everyone! Tonight we are going to be talking about the Pachakuti and new revelations from the Mayan elders. We were in Peru this summer and had the opportunity to spend a month with the Inka, and since the very beginning I was prompting them and asking them if they would do an update on the prophecy, and it requires a certain number of them to build up the energy, to have enough fuel, enough power, to part the fabric of time itself. Early one morning, 7:00 in the morning, the air was frigid still, there were twelve of the elders gathered and they did a reading, an update on the prophecies of Pachakuti, and this is what I'd like to share with you this evening.

When we truly at what the elders said, I'd like to take a few moments to understand the indigenous notion of time, which is very different from our western notion of time, and also to differentiate the Mayan from the Inka prophecies. The Mayans were extraordinary calendar makers, and seers as well, and they have many many calendars, some that go from 12.5 billion years, and some that go for 20 days long. The Inka, there's not an Inka calendar that's survived the conquest, so the Inka were seers, they were great seers through time, but they were not the great calendar makers that the Mayans were. But they were amazing prophets, they were able to peer through the fabric of time, and they believed that all of us had that ability.

The notion of time is very different in indigenous culture than it is for us in the west, because we travel through space, we're able to go from one city to another, from one place to another. We travel through space but time passes through us, whereas for the Laika, for the wisdom keepers of the Americas and throughout the world wherever you have an indigenous culture, you have a sense that time has it's own unique dimensions; that you can travel through time, even though you may be bound and rooted in space.

So for us it's nothing to move from New York to Los Angeles, for a person living at the edge of the Amazon it's inconceivable that you would leave your tribe, your village to go very far away, much less to another country. So you become rooted in space, but the Laika were able to master time, to acquire mastery of time and travel through time, to witness events that have occurred in the past, to change destiny, to nudge destiny and to peer through the fabric of time itself to foretell future events. But the Inka prophecies were really not cast in stone, they were a set of probability threads, of threads of possibilities that had to be permissible. They had to be permissible by the laws of biology and physics that we live in, and each one of these threads had a greater or lesser value and power to it. They were probability threads that would collapse into one reality, so there were many alternate outcomes to the events that they were foretelling.

But all of the prophecies of the Americas, and the Inkas particularly foretold of a great Pachakuti, a great upheaval that would take place at this time. The curious thing is that the Inka prophecies were not anchored to time; they did not give a specific date, they were simply foretelling a probability thread that were it to become the strain that began to vibrate and began to play it would set a series of events in motion that could become cataclysmic. There were three different prophecies that would mark the beginning of this great upheaval that the Inka referred to as the Pachackuti, and the Pachakuti, by the way, the word itself speaks about the nature of the prophecies. Pacha, the word Pacha means earth but it also means time, and the word Kuti means to step outside of or to turn over. So Pachakuti means to turn over the earth and to step outside of time.

The image here of turning over the earth is really important, because when you're turning over the earth you're doing an upheaval. You're taking that which has been on the surface and placing it underneath, and you're taking that which is underneath and you're bringing it to the surface. This is exactly what the prophecies announced would happen, that the lower world, the underworld, the lower world would flip over and become our middle world, would become a time of confusion, of chaos. This is the lower world that is associated with the dreamtime, with the nightmares that we are caught in sometimes; those chaotic and confusing dreams, that this would become the ordinary. This is a lot of what's happening in the world right now.

But there were three events that would collapse the prophecy and anchor it in time. These three events happened in the 1980s and the early 1990s. The three events were: first the disappearance of the condor. In the 1980s the condor population in the Andes of Peru was so reduced that there were less than a dozen of them left. They have begun to return, but the disappearance of the condor was the first. The second one was the drying of the high mountain lagoons, the disappearance of the high mountain lagoons. The high mountain lagoons; if you live in the Andes, when you have a rainy season that lasts for six months and a dry season that lasts for six months, you're relying on these mountain lagoons for your water supply. These are fed by streams, they're fed by snow levels in the Andes. The melting of the glaciers in the Andes has caused the high mountain lagoons to lose a tremendous amount of water. Many of them have disappeared completely. The source of life and sustenance. And the third would be the wrath of the sun, the wrath of our father the sun. And for a long time I really had a hard time understanding what this meant, and one day I realized that these people are living right underneath the ozone hole, the tear in the ozone, and they are experiencing the wrath of the sun, a tremendous amount of this fire of the sun that's causing genetic mutations in their alpacas and their herds.

So these were the three key events that would indicate that probability thread that would set in motion tremendous cataclysms had become operant, that the program was running and the program had to do with the turning over of the earth, of the end of time, a tear in the fabric of time itself. So when we met with the elders this summer they began to create a collective energy, in Judaism they talk about a Mineam when you have ten rabbis together, in early Christianity you have a number of celebrants celebrating the mass and building on each other's power.

When you have a group of shamans that are able to support each other and build a pyramid of energy that allows you to step out or step above this chaotic movement of time, this river of time that we're caught in and see the shores of this river with clarity and see the rapids ahead and see behind where we're coming from. And they did that this summer, it actually was quite wonderful what they said, and scary as well, because they spoke about a time of paying your debts and a time of coming into right relationship, and they spoke about ayni. Ayni is the Andean notion that you, when you live in right relationship with the earth, with your family, with your spouse, with your neighbors, with your village, with the heavens; then the heavens and your village and your neighbor and the earth provide for you and support you. But if you are continually taking, if you are living in debt to others, to your past, if there are people you have hurt, if there are people you have not forgiven because they have hurt you, then you're not in Ayni. If there are

people that you owe favors to and there are people you have thought badly of then you have to atone for it.

If you have not been in right relationship with the earth, with our mother or with the heavens, then these would be the people who would experience the greatest cataclysm in their personal life. They kept coming back to this point that the essential element right now is to be in Ayni, to come into right relationship, to pay our debts, to clean the slate, to come clean with all of our past, with everyone that we may have hurt. And it's not that we need to apologize to that kid that we insulted in sixth grade, it's that we have to eliminate that tendency within us to be offensive to anyone. They kept emphasizing that we need to come into perfect ayni in order to not be swept by this storm that is building up in energy and intensity right now in the planet. A storm that would wreak havoc in the lives of those that were not living in right relationship, who kept postponing making amends, who kept fighting for a little bit more time to do what they know they have to do. So they put a tremendous emphasis on this.

They also spoke about our father, the sun not being happy with what he witnesses here on the earth; our father being very displeased. I've spent enough time with the Inka to not interpret this from my Christian upbringing; not our father in heaven. What they were talking about were solar events, events associated with the sun, cosmological events affecting the sun that would be affecting us directly. As soon as I came back from Peru I started doing some research and speaking with friends of mine; I spoke to Gregg Braden about this and a number of other people and they were pointing out and I was reading in my research that we're entering a period of tremendous solar flare activity, that perhaps it is the highest intensity of solar flare activity that we have had in many decades, in forty or fifty or sixty years. Of course that will affect us because we are electromagnetic beings, we have a luminous energy field, our own radiation field that is electromagnetic in nature that responds to this tremendous radiation that may be coming to us from space. Another thing that's affecting this is the polar shift of the sun, the sun is undergoing a polar reversal, reversal of it's magnetic poles that will happen, will be complete in 2012, so then the polarity of the sun is going to flip over, what used to be the north pole is going to become the south pole, what is the South pole will become the north. And then, concurrently, there is a magnetic pole shift that is happening in the earth right now, so that if you go off the coast of Chile into the Pacific ocean, there are regions where your compass needle will point north when you are aiming it at Antarctica, which is in the south. And it's the same if you go out from the coast of Alaska on a fishing boat there'll be regions where it'll say south when you're aiming towards the North Pole. So the same phenomenon that is occurring in the sun and will be complete in 2012 is happening in the earth right now; we're getting ready for a magnetic pole shift.

So the Inka, my sense is that they were referring to cosmological events affecting the sun that would be affecting us directly. So I did not refer back to my tenth grade catechism class but rather understood this mythically as a cosmological event, that it was going to be affecting all of us. So the Inka also came back to the notion of the Pachakuti happening at many different levels; at a literal level, at a symbolic level, at a spiritual level. And at a literal level many indigenous peoples in the Americas are hoping for the emergence and the return of a great leader that will help them take off the yoke of the conquest and of the conquistador. But the Laika, the wisdom-keepers, know that this is not likely to be the case, that the Pachakuti is referring to an internal process, similarly as

people who believed that the Christ will return instead of there being an awakening of the Christ consciousness in the planet which is what the inspired teachers and religious leaders are saying.

So, at a literal level many believe this will be the return of a great warrior king. At a more symbolic level, there is an understanding that this is the end of a western paradigm, of a predatory, violent, and masculine western paradigm that has ruled the planet for the last six thousand years in the west. And, that arrived in the Americas with the conquistadors 500 years ago, so that this is going to be the end of a paradigm that is predatory and that is based on domination and based on command and control structures, and the arising of a new feminine, sustainable paradigm in the earth. And which, of course, we know we are in dire need of at this time.

From a spiritual perspective, this is where the prophecies become very interesting. This is where the Pachakuti refers to a breaking free and a stepping through the fabric of time itself, because when you're caught in time, you are in the grip of cause and effect, of causality, and you're always the result of some earlier cause, of something that happened to you or something that happened to your parents or the genes and the genetics that we inherited. When you break free of time, we're no longer the result only of an earlier cause, but we are the result of who we are becoming as a people and as a species 10,000 years from today. We can begin to be informed by who we are becoming and not only by our history. We can begin to be informed by peace and generosity and compassion, and not only by the history of scarcity and violence and predatory behavior that has really been the history of humanity.

This to me is where the prophecies of the Inka become interesting, because they say that we can break free of this kind of time that is linear, that flies like an arrow, and we can step into a new kind of time that's like the corkscrew and in the amusement park that loops and pretzels and folds back onto itself and that flows forward and backwards, and that we can acquire a mastery of time. And when you acquire a mastery of time you're able to reside in the world of creators, in a world that is still unmanifest and where you can take part in the act of manifestation, of manifesting, of creating, of dreaming your world into being. And before this was only possible for extraordinary saints and shamans and seers, and today this is possible for all of us. This has become a possibility for all of us.

So here's where the Pachakuti and the stepping into synchronicity becomes not only an opportunity but a necessity, a necessity because time is becoming far too accelerated, it is speeding up. We're not able to keep up with this incredibly accelerating time with the neurological capacity that we have available to us right now. Time is becoming far, far too accelerated.

Remember that our brains and that our neurology emerged and developed at a time when we were being guided by biological time, and the biological clocks are very slow, they're very, very slow clocks. Our biological time, we measure biological time as the time in between meals or the time in between sex, or if you're a woman the time in between your periods or the time in between births. In fact, one of the earliest records of time keeping is the thighbone of a wolf that was found in central Europe with twenty-eight notches marked on it, and perhaps some careful observer of nature saw that the moon went through its full cycle every 28 days or she just observed that her cycle would come every 28 days and notched it on this thighbone of a wolf.

So biological time, biological clock is very, very slow. The kind of time that we're experiencing now is so accelerated that our systems are not able to cope with it effectively, and we have tremendous incidences of stress and stress related disorders, stress related ailments, and what this requires is, it's challenging us to break free of the tyranny of time itself, to master time and to not be enslaved by time but to become masters of time.

The practices that the Laika, that the wisdom-keepers developed over millennia were associated with personal mastery of time, so you could taste infinity, so you could steep in the infinite timelessness and from this space you could take your role and do your part to dream the world into being, to birth the kind of world that we wanted our children's children to inherit.

So the Pachakuti speaks about the fifth sun, and the elders this summer talked about a crisis of the sun itself that would be affecting all of us. So this is not only within the sphere of human events, but within the cosmological sphere. And right now our solar system is moving into a region where there is a tremendous amount of gamma waves and of other space particle activity that is bombarding the earth. At a time when the electromagnetic shields of the earth, the luminous body of the earth is at the weakest it has been in 10,000 years because the electromagnetic shield of the earth has been diminishing over the last 10,000 years. It's at a quarter what it was 10,000 years ago. The earth's electromagnetic field, the strength of it is at about half a gauss, and by looking at the tectonic records, by looking at a magnetized stone from 10,000 years ago you see it was closer to two gauss. And this is the shield that protects us from the radiation in space and we're entering into a region of tremendous activity.

So they were talking about cosmological events that would be affecting us; not only human events, not only terrestrial events, and I asked them "well how can we best prepare ourselves for it? What can we do?" And they kept coming back to the point of square off your debts, be in perfect ayni, be in right relationship. Do not keep postponing the inevitable, take it on right now. And in doing so you will experience a tremendous freedom and a liberation; not only from your history and your past, your unfinished business, but a freedom from time itself, a freedom from death itself, because time keeps us in a predatory relationship with death. Death is the great predator who walks through time and stalks through time, and it would break us free from the grip of death itself. And as we come to the end of time, what happens at the end of time is that your time runs out, is that you perish. When I asked the elders does that mean that humanity is going to perish, and they said 'no, that means this is a time of initiation, a time of initiation for humanity, and that those who refuse to go through this great initiation are going to live increasingly chaotic lives. Those who do go through this initiation, where they face the death of the old and a resurrection into who they are becoming; they will experience the bliss and the light of the fifth sun, of the Inka, of the luminous one, of the radiant one.

So the feeling that I was left with was that this is a time of tremendous testing, of personal testing for all of us, and that we do not have the luxury of working on our individual issues and themes one at a time anymore, but that we have to shed all of that and step into that new human that we all have the possibility of becoming. But we're in the middle of that testing right now, we're in the middle of that challenge period, and I see it all around me. So it's a time where all that has resided in the realm of the shadow, in our own unhealed parts of ourselves is rising to the surface and clamoring for attention.

It is in our plate, it is in our faces and we know confronts us with that which remains unhealed within us.

So we're in the time of the great testing right now, we're in the middle of the initiation, we're in the dark night of the soul, collectively, before the coming of the new dawn. And while it's comforting knowing that the dawn is coming, you cannot sit back and channel surf until it gets here. It's a time that requires an evaluation of all that we take for granted, a dismissing and clearing of dated belief structures that keep us in suffering, that keep us bound to scarcity and to violence towards ourselves and towards others, and to join the great experiment. We're right in the middle of that time of initiation, and when I ask them 'Well, what's the outcome going to be? Are we going to make it?'

And they said the outcome is up to each one of us individually. The earth will go on, humanity of course will live, but it's your choice now to experience that heaven on earth, or for earth, for paradise itself to become a living hell. So this is the update from our journey to the Andes and the processes that accompanied the prophecy, because this is what I'm most interested in, is what kind of processes can allow us to participate most fully in this process of initiation. How can I be fully present for that? How can I serve it and how can I make it as powerful and as liberating as possible. And I think that this is what we're all working with. How can we awaken that luminous body to it's full capacity and potential, so that we do not have to live lives that are focused on mending and healing and repairing the suffering, the pain, the trauma that we've lived, but rather exploring the glory and the grace and the beauty and the power of our awakened nature.

This is what's most fascinating to me at this time, at this historical moment that we're living in and that we're going to be exploring in our class, the Mastery of Time class that I will be teaching with Linda in November. How do we stop being a slave to time and become a master of time, of our own time and in our own time. So thank you all for joining us this evening on the prophecies of Pachakuti and the end of time as we have known it and the stepping into sacred time, into synchronicity.

Thank you Linda, for hosting us, and we invite you to come and join us for our next chat which will be next month. Please come and join us at Omega September 5<sup>th</sup>-7<sup>th</sup>, and also I will be in Europe the following month, if you're in Europe we'll be in Frankfurt and in Basil in Switzerland and blessings to you all and live and dwell outside of time in that sacred space you know.